

What is a Patient Navigator?

Welcome to Southeast Kansas Mental Health Center! One of the first steps in beginning services is to meet with a Patient Navigator. The Patient Navigator will conduct a 15-minute free, anonymous health study to provide better whole-person care.

Step One: Complete a Baseline Health Study

The health study consists of completing a short health questionnaire and obtaining vitals. When the Patient Navigator obtains vitals, they will collect the client's blood pressure, pulse, temperature, height, weight, and waist circumference. Fingerstick testing is also offered to check cholesterol, etc.

Step Two: Complete Reassessment Health Study and Obtain Vitals at Six Months

The client will continue to meet with the Patient Navigator every six months as long as the client receives services from Southeast Kansas Mental Health Center.

What does a Patient Navigator do?

- Help clients fill out paperwork
- Assist with resource management for clients
- Obtain vitals
- Conduct care coordination for other needed supports
- Follow up from the first appointment. (Our patient navigators will be following up with a phone call to check in on the client and remind them of their upcoming appointments. This will be done within 2 weeks of their initial appointment.)

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